

Every year, Jessie's supports over 500 pregnant youth and young parents in Toronto who seek a better life for themselves and their children. Most come to us pregnant, between 14 and 19 years old. They often don't have stable housing, have not completed high school and don't know where to turn for health services for themselves and their baby.

# **Meet Taylor**



# **Health Services**

Right away, Taylor is connected with a health care provider and enrolled in pre-natal classes. After her baby is born, Taylor moves to our post-natal services for parenting education, breastfeeding support and to build an intimate parent-child bond.

YEARLY COST: \$323,200



# Mental Health Wellbeing

At the same time, she also works closely with a counsellor for emotional and practical support.





# **Housing Stability**

If she need housing, we help her find and keep it. Having a stable home means she can stay focused on their future goals.

\$86,800

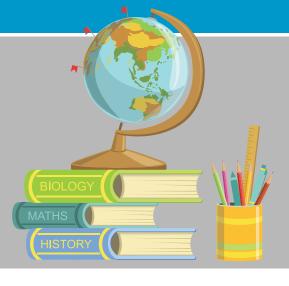


# **Practical Supports**

Our donation room is always available if Taylor needs clothing, household items, strollers, car seats, and even emergency access to food and diapers. And when she is in our centre, both parent and child can join us for a hot lunch or snack.

YEARLY COST: \$57,000





### **Education**

Our school helps Taylor get her high school diploma, which leads to a brighter future for both her and her child. If she goes on to post-secondary school, we give her a \$1,000 scholarship to help with expenses. YEARLY COST: \$84,000



After 3 to 4 years of support from Jessie's, a young parent and their child is looking at a brighter future!

- ✓ High school diploma
- Healthy child development
- Parent-child bond
- Stable housing
- Financially able to support their young family

Join us in helping young parents and their children rise and reach their full potential. Visit Jessiescentre.org to learn more.

